

Empowering
Minds,
Shaping
Future



HND in SPORTS SCIENCE

2026

Course code
FSTHSS26102



TT METRO CAMPUS

No 11 A1, Galle Road, Mount Lavinia. Sri Lanka



011 4319 996 | 077 2270 348



www.techlinktechnology.com | ttmetrocampus.com

HND in SPORTS SCIENCE

PROGRAMME MODULES

Semester 1

- Introduction to Sports Science.
- Anatomy & Physiology.
- Exercise Physiology.
- Biomechanics.

Semester 2

- Sports Psychology.
- Nutrition for Sports & Exercise.
- Training Methods & Conditioning.
- Fitness Assessment & Testing.

Semester 3

- Coaching Science.
- Sports Injuries & Rehabilitation.
- Sports Performance Analysis.
- Sports Sociology.

Semester 4

- Health, Safety & First Aid.
- Research Methods in Sports Science.
- Professional Practice & Ethics.
- Final Project.

ABOUT

DURATION	: 1 year
AWARDING BODY	: OFQUAL REGULATED
EVALUATION METHOD	: ASSESSMENT BASED
MODE OF LECTURES	: ONLINE ONSITE

FEE STRUCTURE

PROGRAMME FEE	: RS.150 000
INITIAL PAY	: RS.12 000
MONTHLY	: RS.15 000 X 10

ENTRY REQUIREMENTS

**students
those
who sat
for After
O/L's**

OR

Completed
diploma in
relevant
program

OR

**students
those who
are willing
to follow**

RECOGNITION

OFQUAL REGULATED
GLOBALLY RECOGNIZED
FOREIGN MINISTRY APPROVED
EMBASSY ATTESTATION
WES APPROVED
UK NARIC APPROVED

OUR PARTNERS

EXCLUSIVE COUNTRY PARTNER



REGULATED AWARDING BODIES



ACCREDITED UNIVERSITIES



RANKINGS & RECOGNITIONS



DISTRICT OFFICES



Batticaloa

19, Sarvana Road,
Kallady,
Batticaloa
077 4929121
www.techlinktechnology.com



Ampara

255, Ampara Road,
Sammanthurai.
071 0102093
www.techlinktechnology.com



Trincomalee

58, Aazath Nagar, Kiliveddy
Muthur, Trincomalee
075 5433112
www.techlinktechnology.com



Nuwara Eliya

Dessford Estate,
Loarn Division,
Nanuoya
076 0700276
www.techlinktechnology.com

RECOGNIZATION BY

Ofqual Office of
Qualifications
and Examinations
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and Examinations
Regulation

NQUAL

ONLY VALID

nqual.

BRITISH COUNCIL
49 Alfred House Gardens
Colombo 06300, Sri Lanka
T +94 (0) 11 4521521
F +94 (0) 11 2587079
www.britishcouncil.lk
Approved Centre, 2013/11 (England
and Wales) SC037733 (England)

PROUDLY VERIFIES THAT

HAS SUCCESSFULLY COMPLETED THE NQUAL
ENDORSED PROGRAMME

**Endorsed Higher National Diploma in Quantity
Surveying**

Awarded On: 12/05
Certificate Number:
Candidate ID:
Approved Centre: E

Verified as a true copy of the original
R. Dominic Hudson
Country Exams Director,
British Council
Date: 17.06.2025

Ashley Robertson
Group Director Signature

www.nqual.co.uk admin@nqual.co.uk

Democratic Socialist Republic of Sri Lanka

This receipt is only to provide reference details of the Attested Documents. This reference details should be used to access the Electronic Document Attestation System for verification purposes by the End User Verification Authorities.

For Secretary, Ministry of Foreign Affairs, Colombo, Sri Lanka.
Attested by: 213 Dated 23/06/2025
The validity period of the Attested Document expires after ONE year

Attestation Reference
3176716

The Ministry of Foreign Affairs of Sri Lanka takes the responsibility for the authenticity of the Attested Documents only if they are verified by accessing www.consular.mfa.gov.lk/INSTITUTION/ and entering Attestation Reference Number.

Professional / Chartered and Higher Education Certificates	BRITISH COUNCIL	DIPLOMA
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nqual.

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49 Alfred House Gardens
Colombo 06300, Sri Lanka
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www.britishcouncil.lk
Approved Centre, 2013/11 (England
and Wales) SC037733 (England)

UNIT TRANSCRIPT

NQUAL Endorsed Programme – Endorsed Higher National Diploma in Quantity Surveying

Is Awarded To:

Having Successfully Completed the Following Units:

Unit Number	Unit Title	Results
1	Fundamentals of Construction Technology	Pass
2	Construction Materials & Methods	Pass
3	Introduction to Measurement & VALUATION	Pass
4	Contract Administration & Procurement	Pass
5	Cost Planning & Control	Pass
6	Professional Practice & Communication	Pass
7	Advanced Construction Technology & Processes	Pass
8	Advanced Measurement & Cost Management	Pass
9	Construction Law & Dispute Resolution	Pass
10	Estimating & Tendering Techniques	Pass
11	Project Management & Resource Planning	Pass
12	Research Project - Quantity Surveying	Pass

Total Credits: 240 THROUGH e-DAS
Programme Start
Awarded On: 12

Candidate ID:

Verified as a true copy of the original
R. Dominic Hudson
Country Exams Director,
British Council
Date: 17.06.2025

Ashley Robertson
Group Director Signature

www.nqual.co.uk admin@nqual.co.uk

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For Secretary, Ministry of Foreign Affairs, Colombo, Sri Lanka.
Attested by: 213 Dated 23/06/2025
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COUNTRY EXCLUSIVE PARTNER

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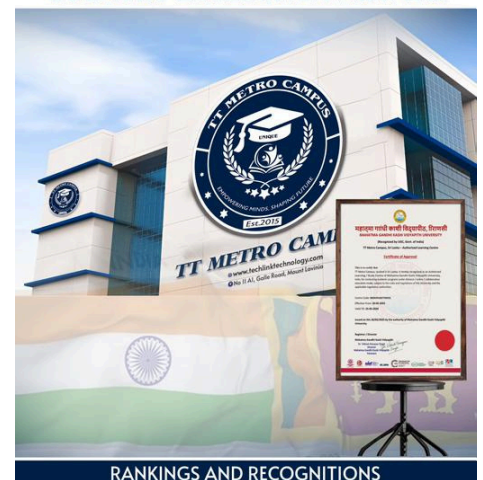
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RANKINGS AND RECOGNITIONS



RANKINGS AND RECOGNITIONS



RANKINGS AND RECOGNITIONS



RECOGNIZATION BY

MSBM


METROPOLITAN
SCHOOL OF BUSINESS AND MANAGEMENT UK

This Certifies that

Has successfully met the requirements for and was awarded an
INTERNATIONAL HIGHER DIPLOMA (EXTENDED LEVEL 5) in
Information Technology
20th Of September 2024.

Certificate Number:



Approved Centre For:


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IQU


RUSSHARD


Programme Coordinator


President

The content of this course has been independently certified as conforming to universally accepted Continuous Professional Development (CPD) guidelines.
Metropolitan School of Business and Management UK (MSBM) is registered in England and Wales. www.msbm.org.uk | R - SC799382
THIS IS A NON CREDIT BEARING PROGRAMME.



MOFA


METROPOLITAN
SCHOOL OF BUSINESS AND MANAGEMENT UK

This Certifies that **ONLY VALID**

Has successfully met the requirements for and was awarded an
INTERNATIONAL HIGHER DIPLOMA (EXTENDED LEVEL 5) in
Information Technology
20th September 2024.

Certificate Number:

 **THROUGH e - DAS**

Approved Centre For:


Corporate Member
The CPD Certification Service


UK Register of Learning Providers
No - 10096812
in partnership with


GIRNE AMERICAN UNIVERSITY


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qualifications


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Programme Coordinator


President

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Democratic Socialist Republic of Sri Lanka



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For Secretary, Ministry of Foreign Affairs, Colombo, Sri Lanka.
Attested by: 216 Dated 27/02/2025
The validity period of the Attested Document expires after ONE year

 Attestation Reference
3020365

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Professional / Chartered Certificates Foreign	HIGH COMMISSION OF SRI LANKA IN LONDON UNITED KINGDOM	DIPLOMA
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RECOGNIZATION BY



 විමර්ශනාල පුරිතාල කොමිෂන් සභාව பல்கலைக்கழக மானியக் கமிஷன் ஆளுகைக்குழு UNIVERSITY GRANTS COMMISSION			
සබ් ඉංග්‍රීසි English Number My Number	} UGC/AC/Recog-Forg/1B	සබ් ඉංග්‍රීසි English Number Your Number	} 1406 20, 47th Street, Colombo 07, Sri Lanka. 20, 47th Street, Colombo 07, இலங்கை. 20, Ward Place, Colombo 07, Sri Lanka.
25 th June 2025			
MAHATMA GANDHI KASHI UNIVERSITY [MAHATMA GANDHI KASHI VIDYAPEETH (MGRV)] - INDIA			
This has reference to the request made by Ms. M N Fathima Rinza, Chief Executive Officer and Director of International Affairs with regard to the recognition of the Mahatma Gandhi Kashi University [Mahatma Gandhi Kashi Vidyapeeth (MGRV)], India.			
Please note that the Public Administration Circular No. 16/92 dated 13 th March 1992 has provision to recognize universities and Higher Educational Institutions in different Countries of the World.			
Accordingly, in terms of the decision taken by the Commission at its 1106 th meeting held on 27 th May 2023 the University Grants Commission recognizes Universities that are listed in the following International Publication/Database which are authentic sources of information on Universities and Higher Educational Institutions in different Countries of the World.			
1. Commonwealth Universities Yearbook 2. World Higher Education Database			
University of Wolverhampton, Wulfruna Street, Wolverhampton, WV1 1LY, United Kingdom is a University listed in the World Higher Education Database published by the International Association of Universities at 25 th June 2025.			
Therefore, as the Mahatma Gandhi Kashi University [Mahatma Gandhi Kashi Vidyapeeth (MGRV)], India is listed in the above Database, it is recognized.			
This letter is issued at the request of Ms. M N Fathima Rinza, Chief Executive Officer and Director of International Affairs, Technlink Technology Campus (PVT) LTD, No. 11 A/1, Galle Road, Mount Lavinia.			
 H.D. Rasika Karunaratna Deputy Secretary / Academic Affairs for Secretary			
H.D.R. Kurunaratna Deputy Secretary / Academic Affairs University Grants Commission No. 20, Ward Place Colombo - 07.			

පිටුවකට Page Number Telephone	} 2495321 2495322 2495327	සබ් English Fax	} 268045 268045 268045
A/C/13-24-2025			
http://www.ugc.ac.in			



APPOSTILE (UK)

73

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APOSTILLE
(Convention de La Haye du 5 octobre 1961)

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This public document Le présent acte public / El presente documento público		
2. Has been signed by a été signé par / ha sido firmado por	Gerard Philip Davis	
3. Acting in the capacity of agissant en qualité de / quien actúa en calidad de	Solicitor	
4. Bears the seal / stamp of est revêtu du sceau / timbre de / y está revestido del sello / timbre de	Not Applicable	
Certified Attesté / Certificado		
5. at à / en	London	6. the le / el día
		13 November 2024
7. by par / por		
His Majesty's Principal Secretary of State for Foreign, Commonwealth and Development Affairs		
8. Number sous no / bajo el numero	APO-UMZC-6NQC-5D7U-EDCN	
9. Seal / stamp Sceau / timbre Sello / timbre	10. Signature Signature Firma	S. Kennedy
		

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MINISTERIO DE ASUNTOS EXTERIORES
SECRETARÍA DE ESTADO DE ASUNTOS EXTERIORES
N.º 12 Plaza de España, 12. Madrid, España
T. 91.578.01.00

NOTIFICATION REFERENCE
CN45 06377
APR 25 2025
www.hagueapostille.co.uk

PROGRAMME OUTCOME

This Higher National Diploma (HND) programme equips learners with advanced knowledge and practical skills in Sports Science, preparing them for professional roles in sports performance, fitness, coaching support, and health-related fields.

- Apply advanced principles of sports science and human movement
- Understand exercise physiology, biomechanics, and sports anatomy
- Assess and analyze physical fitness, performance, and movement patterns
- Design and support training and conditioning programmes
- Apply sports nutrition principles to enhance performance and recovery
- Implement injury prevention, first aid, and rehabilitation support techniques
- Use sports science tools and technology for performance analysis
- Promote health, wellness, and physical activity across populations
- Apply research methods and data analysis in sports science contexts
- Demonstrate professional communication, teamwork, ethics, and problem-solving skills

This practical HND ensures learners can support athletes and fitness clients, analyze performance, assist in training and recovery programmes, and perform confidently in professional sports and health environments.

PROGRAMME OVERVIEW

ENTRY REQUIREMENTS

students those who sat for After O/L's
Completed diploma in relevant program
Students those who are willing to follow this

COURSE DURATION

01 Year

CLASS TIME

Weekly 3 or 4 Classes
(Flexible Time)

MEDIUM

English | Tamil

MODE

Online | On-site

AVAILABILITY OF CLASS RECORDINGS

Yes

STUDY MATERIALS & LECTURE NOTE

Upon enrolment, each student will receive a dedicated username and password to access the Learning Management System (LMS)

QUALIFICATION STRUCTURE

This qualification is structured to meet aligned with internationally recognised curriculum standards. The content is carefully designed to ensure academic depth, practical relevance, and progressive skill development across key thematic areas.

INSTALLMENT STRUCTURE

DETAILS	REGULAR PAY	SINGLE PAY	REMARK
REGISTRATION FEE		LKR. 12 000	-
COURSE FEE	LKR. 150 000	-	-
E-CERTIFICATE	FREE		-
PRINTED CERTIFICATE	FREE		Students may collect their certificates / documents in person from the campus. Alternatively , a courier deliver option is available upon request. In such cases, the students will be responsible for the courier charges payable at the time of dispatch.
PRINTED TRANSCRIPT	FREE		
INTERNATIONAL DIPLOMA CERTIFICATE FEE	FREE		Upon successful completion of the course, you will be eligible to apply for the Masters. Please note that this is optional and subject to additional terms and conditions
CONVOCATION FEE	The convocation fee applies only to students who wish to participate in the ceremony. It will be waived for non-participants. The fee may vary based on venue and timing, but will follow the standard market rate.		

BANK DETAILS



Bank of Ceylon

- Account Name: Techlink Technology Campus (PVT) LTD
- Account Number: 94929233
- Bank Name: Bank of Ceylon(BOC)
- Branch: Kalmunai Branch

*Please email / DM the bank slip to the following email address OR Whatsapp Number
co.techlink@gmail.com | 077 2270348*



www.techlinktechnology.com
www.ttmetrocampus.com



011 431 9996 | 077 227 0348



No 11, A1, Galle Road, Mount Lavinia

MORE ABOUT TT METRO CAMPUS



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